



Cold Wax and Oil – Beginner level

LIVE Zoom workshop, Jan 15-17, 2021 with Pamela Caughey

Student Supply List – most of these items can be found at www.ARTandSUCCESS.com/p/resources with images and links to where these items can be found. (Disclaimer: I receive a small commission by linking my favorite products to Amazon but there is no cost to you)

Supports: I recommend Arches Oil paper or any gessoed paper or panel. You will be watching me do various demos. Rather than painting “with me”, you will be painting between Zoom sessions. This will allow you to focus on what I am saying, take notes, and then apply what you learned between Zoom sessions!

Choose your favorite surface (any of the following):

You will need:

- 2-3 surfaces to paint on (suggested sizes are 8x10in to 12x16in or whatever you feel comfortable with).
- One “slop board” (I suggest 12x12in or larger).

For your surfaces, choose from the following:

Arches Oil Paper (in pads or rolls)

Multimedia Artboard

Ampersand Encausticbord or Gessobord (cradled or uncradled)

Gessoed raw wooden panel, flat or cradled

(*Note: Multimedia Artboard and Ampersand Encausticbord and Gessobord do NOT require any gesso)

Oil Paints:

Oil paints – really any brand but Gamblin Colors makes a perfect set of [Professional Oil Paint Set](#) or [Student Grade Oil Paint set](#) which can be used for this course; the following colors are recommended, but if you wish to use something else, you can still follow along in this course (student grade is fine for beginners):

Titanium White

Ivory Black

Cadmium Yellow Light

Ultramarine Blue

Cadmium Orange

Alizarin Crimson

Permanent Green Light
(or Viridian)

Dioxazine Purple

Cadmium Red Medium

A few paints which lend themselves to glazing: Any color can be used as a glaze, but the following pigments are especially useful because they have a high oil content and thus are very good glaze candidates:

*INDIAN YELLOW
*ALIZARIN CRIMSON
*QUINACRIDONE Red

*ULTRAMARINE BLUE
*PTHALO GREEN/BLUE
*SAP GREEN

*PTHALO BLUE
*Quinacridone Magenta

OPTIONAL (but highly recommended):

- *A few different sized oil painting brushes (if you wish to use more liquified paint mixtures or drippy paint); if you are a realistic painter, you will need finer brushes.
- *Freezer paper or deli paper
- *Razor blade
- *Tweezers (optional)
- *Scissors
- *Cutting mat
- *Murphy's Oil (for cleaning brushes)

Studio Set up and Supply (some items are also marked "optional" but they are in this section since they are grouped in categories)

GENERAL ITEMS

***Markmaking Tools:** A WIDE variety of markmaking tools: ArtGraf, Graphite, Carbon pencils, Lyra Graphitkreide, Stabilo, china markers. Carpenter pencils, etc. are all listed at my website: <https://www.artandsuccess.com/p/resources> (Please view my video for more information about these types of mark making tools: <https://www.youtube.com/watch?v=AxolvUEyATw>)

Palette knives (I recommend at least 2; my favorites are the [Ateco offset Spatulas](#))

1 [Messermeister tool](#) (If this item is out of stock, you can choose any bowl scraper from a kitchen store)

1-2 brayers of your choice ([Inovart/Speedball are good brands](#)).

[Silicone brushes](#) – varying sizes

Variety of texture tools

Acrylic Gesso (White, Black or colored; only if you are using untreated wood panels.

Palette – [Gray Palette paper](#), or Freezer paper, or glass (tempered glass is stronger; cover edges with tape), 11x14in or larger is highly recommended)

MEDIUMS/SOLVENTS

*[Gamblin Cold Wax Medium](#) (or Dorland's or any other brand); 1 pint is a good size

*[Galkyd Gel](#) (optional but highly recommended; I use it to strengthen paint film, make it more flexible, speed up drying time and it gives a slight satiny finish to your work rather than a matte finish)

*One 6 or [8 oz squeeze bottle](#) for mixing gamsol/galkyd (optional):

* [Gamsol](#) (made by Gamblin)

*[Gamblin Galkyd liquid](#) or Galkyd lite (liquid)(optional): use this if you like “drippy”
paint for working with paint brushes

MISC ITEMS

Gloves

Apron

Roll of paper towels

Wax or Saran wrap for covering paints at end of day

Newsprint

Cooking Oil (Clean tools)

Optional: If you are working on panel: Sanding block, Awl, Painter’s Guide for straight edges, etc.

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